



U3A Stilbaai

NUUSBULLETIN

OKTOBER 2022

MAANDELIKSE PRAATJIE

Maandag 31 Oktober 2022 @ 10h00
Die Waenhuis, Jagersbosch

SUID-KAAP NABYE KUS MARIENE EKOLOGIE EN DIE LANGTERMYN VERHOUDING MET MENSE

Jan de Vynck

Dr Jan de Vynck het sy BA graad in Argeologie en Antropologie by Universiteit Stellenbosch verwerf, sy Meestergraad ondersoek die etno-botanie van die Stilbaai kusgebied, en in sy PhD bestudeer hy die produktiwiteit en herstelvermoë van kusbronne na menslike ontginning oor 'n periode van ten minste 160,000 jaar. Hy is 'n navorsingsgenoot by die Afrika Sentrum vir Kus Paleowetenskap by Nelson Mandela Universiteit, 'n ere-navorsers by die "Evolutionary Studies Institute" by Universiteit Witwatersrand, en 'n navorsings medewerker by die Plantkunde en Plant Bioteegnologie Departement, Universiteit Johannesburg.

LET WEL: Die vergadering begin om 10h00; beurtkrag sal ons slegs affekteer as dit Fase 6 of hoër is, maar ons hou by die onlangse begintyd van 10h00.

NEWS BULLETIN

OCTOBER 2022

MONTHLY MEETING

Monday 31 October 2022 @ 10h00
Die Waenhuis, Jagersbosch

SOUTH CAPE NEAR-SHORE MARINE ECOLOGY AND THE LONG-TERM RELATIONSHIPS WITH HUMANS

Jan de Vynck

Dr Jan de Vynck majored in Archaeology and Anthropology at Stellenbosch University, his Masters degree explores the ethno-botany of the Stilbaai coastal area, and in his PhD he studied the productivity and resilience of the shoreline resources to human exploitation over a period of at least 160,000 years. He is a research fellow at the African Centre for Coastal Palaeoscience at Nelson Mandela University, an honorary researcher at the Evolutionary Studies Institute, University of the Witwatersrand, and a research associate at the Botany and Plant Biotechnology Department, University of Johannesburg.

NB: The meeting will start at 10h00; loadshedding will only affect us if it is Stage 6 or higher, but we will stay with the recent starting time of 10h00.

LEDEGELDE 2023

Ledegelde vir 2023 bly steeds R30 per persoon vir die jaar. Enige NUWE lid wat nou aansluit, sal slegs volgende jaar se ledegelde betaal, m.a.w. vir R30 is jou lidmaatskap geldig tot 31 Desember 2023.

MEMBERSHIP FEES 2023

Membership Fees for 2023 will remain at R30 per person for the year. Any NEW member joining now, will only pay next year's membership fee, i.e. for R30 your membership will be valid till 31 December 2023.

JAGERSBOSCH GEMEENSKAPSORG

In die Junie 2022 Bulletin het ons 'n artikel oor die finansiële nood waarin Jagersbosch verkeer geplaas. Ons wil lede herinner dat Jagersbosch Gemeenskapsorg 'n Nie-Winsgewende Organisasie is (NPO Nr 0005-749) en dat, soos in die artikel genoem, donasies en skenkings belasting aftrekbaar is. Bemakings aan Jagersbosch in u testament is ook vrygestel van boedelbelasting.

Jagersbosch sal 'n Artikel 18A Belasting Kwitansie* uitreik met die besonderhede van die donasie of bemaking. Kontak hulle gerus vir meer inligting (Tel: 028 754 1934; e-pos: manager@jagersbosch.org.za).

[* Artikel 18A van die Wet op Inkomstebelasting 1962 (Wet 58 van 1962)]

JAGERSBOSCH COMMUNITY CARE

In the June Bulletin we placed an article about the financial crisis facing Jagersbosch. We want to remind members that Jagersbosch Community Care is a Non-Profit Organisation (NPO No 005-749) and that, as stated in the article, donations are tax deductible. Bequests to Jagersbosch in your will are also exempt from estate duty.

Jagersbosch will issue a Section 18A Tax Receipt* with the details of the donation or bequest. Please contact them for more information (Tel: 028 754 1934; email: manager@jagersbosch.org.za).

[* Section 18A of the Income Tax Act 1962 (Act 58 of 1962)]

U3A STILBAAI GROEPE

U3A Stilbaai het verskeie groepe wat aktiwiteite vir lede aanbied. Meer inligting oor die groep aktiwiteite is op ons webtuiste: www.u3astilbaai.org.

- **Aandele Groep:** Die aandele groep hou gereeld samesprekings waar idees oor die aandele mark uitgeruil word. Kontak Deon Grobler by deonenelaine@gmail.com indien u wil aansluit.
- **Astronomie groep:** As u by die groep wil aansluit, kontak Deon by begemannnd@gmail.com. Lees meer oor die groep op www.u3astilbaai.org/astronomy.
- **Botaniese Uitstappies :** Hierdie nuwe groep bestudeer interessante inheemse plante op uitstappies in die veld. Kontak vir Christina by stilbaai6674@gmail.com as u belangstel.
- **Fotografie Groep:** Enige lid wat belangstel om by die groep aan te sluit kan Richard by rwebb01@gmail.com kontak. Meer inligting op www.u3astilbaai.org/photography.
- **Neurowetenskap Groep:** Kontak Jenni by jennisharkey@gmail.com indien u by die groep en/of die Zoom praatjies wil aansluit. Lees oor die groep op www.u3astilbaai.org/neuroscience.
- **Stapgroep:** Die groep stap normaalweg op Vrydagoggende. As u by die groep wil aansluit, kontak Karl-Heinz by karl-heinz@wispernet.co.za. Inligting oor die groep is op www.u3astilbaai.org/hiking.
- **Voëlgroep:** Die Voëlgroep betrek mense wat belangstel in voëlkyk, en koördineer ook die SABAP2 projek in Hessequa. Kontak Krysia by krysiastenvert@gmail.com indien u belangstel om by die groep aan te sluit. Meer inligting is op www.u3astilbaai.org/birdgroup.

U3A STILBAAI GROUPS

U3A Stilbaai has several groups offering activities to members. More information about the group activities are on our website: www.u3astilbaai.org.

- **Astronomy Group:** If you are interested in joining the group, contact Deon at begemannnd@gmail.com. Read about the group on www.u3astilbaai.org/astronomy.
 - **Bird Group:** The Bird Group involves people interested in bird-watching, as well as co-ordinating the SABAP2 project in Hessequa. Contact Krysia at krysiastenvert@gmail.com if you are interested in joining the group. More information is available on www.u3astilbaai.org/birdgroup.
 - **Botanical Walks :** This new group studies interesting indigenous plants during walks in the veld. Please contact Christina at stilbaai6674@gmail.com if you are interested.
 - **Hiking Group:** The group normally hikes on Friday mornings. If you want to join the group, contact Karl-Heinz at karl-heinz@wispernet.co.za. Information about the group is on www.u3astilbaai.org/hiking.
 - **Neuroscience Group:** Please contact Jenni at jennisharkey@gmail.com if you are interested joining the group and/or the Zoom talks. Read more on www.u3astilbaai.org/neuroscience.
 - **Photography Group:** Any member interested in joining the group can contact Richard at rwebb01@gmail.com. More information on www.u3astilbaai.org/photography.
 - **Shares Group:** The share group holds regular discussions sharing ideas on the share market. Contact Deon Grobler at deonenelaine@gmail.com.
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NOVEMBER MAANDELIKSE PRAATJIE

Maandag, 28 November in Die Waenhuis

Die November praatjie is oor Stilbaai in die ou dae, dit sluit in 'n bietjie geskiedenis oor die ontstaan en vroeë ontwikkeling van Stilbaai, asook persoonlike herinneringe van daardie jare. Die spreker is Niel van Wyk wat Stilbaai al vir meer jare ken as wat hy graag sou wou erken.

NOVEMBER MONTHLY TALK

Monday, 28 November in Die Waenhuis

The November talk is about Stilbaai in the olden days, it includes a bit of history of the origins and early development of Stilbaai, as well as personal memories of those years. The speaker is Niel van Wyk who has known Stilbaai for more years than he would care to acknowledge.