



## NUUSBULLETIN

Maart 2021

### MAANDELIKSE PRAATJIE

Maandag, 29 Maart 2021 @ 09h30

Die Waenhuis, Jagersbosch

### Maanperspektief

Prof Johan van Staden

Johan van Staden, Emiritus-Professor van die Universiteit van Pretoria se Fisika Departement, se praatjie "Maanperspektief" handel oor die algemeen bekende aspekte van die Maan en bespreek die minder bekende invloede van die Maan op die ontwikkeling van die Aarde en ons mense wat hier lewe.

Weens die Covid-19 regulasies sal net 50 persone in Die Waenhuis toegelaat word, ons sal dus besprekings vir die praatjie neem.

**Besprekings open op Woensdag 17 Maart en sluit op Woensdag 24 Maart om 23h00.**

Slegs persone wat per epos tussen 17 en 24 Maart bespreek, sal gelys word - [info@u3astilbaai.org](mailto:info@u3astilbaai.org). Ons sal weer 'n herinnering uitstuur, maar onthou dat laat besprekings dalk nie die lys sal haal nie.

## NEWS BULLETIN

March 2021

### MONTHLY TALK

Monday, 29 March 2021 @ 09h30

Die Waenhuis, Jagersbosch

### Moon Perspective

Prof Johan van Staden

Johan van Staden, Professor Emeritus of the University of Pretoria's Physics Department, will give a talk "Moon Perspective" in which he briefly mentions the generally known aspects of the Moon, and discusses the lesser known influences of the Moon on the development of Earth and the people living here.

Due to Covid-19 regulations only 50 people will be allowed in Die Waenhuis, we will thus take bookings for the talk.

**Bookings open on Wednesday 17 March and close on Wednesday 24 March at 23h00.**

Only persons booking by email between 17 and 24 March will be listed - [info@u3astilbaai.org](mailto:info@u3astilbaai.org). We'll send out a reminder again, but remember that late bookings may not make the list.

## LEDEGELDE

Ons herinner u dat ledegelde weer betaal moet word. Ledegelde vir die 2021 jaar wat op 31 Desember 2021 eindig bly R30 per persoon, en kan in ons ABSA rekening inbetaal word; ons bankbesonderhede is as volg:

Bank: ABSA Bank  
Rekeningnaam: U3A Stilbaai  
Rekeningnommer: 9321782429  
Takkode: 632005  
Tipe rekening: Besigheids spaar

## MEMBERSHIP FEES

We remind you that membership fees are now due. Membership fees for the 2021 year ending on 31 December 2021 remains R30 per person, and can be paid into our ABSA account; our banking details are as follows:

Bank: ABSA Bank  
Account Name: U3A Stilbaai  
Account Number: 9321782429  
Branch code: 632005  
Type of Account: Business Saving

Gebruik asseblief u naam as verwysing en epos ons by [bank@u3astilbaai.org](mailto:bank@u3astilbaai.org) om betaling te bevestig.

U kan oor die internet of by 'n OTM betaal, maar ons wil u ernstig versoek om NIE by die toonbank u ledegelde te betaal nie. Die minimum bankkoste vir 'n kontantdeposito oor die toonbank is R62 per transaksie, ons moet dus die bank R32 betaal vir u lidmaatskap. Die fooi vir 'n deposito by 'n ABSA OTM is R6.35, wat aanvaarbaar is. U kan ook kontant betaal wanneer ons weer vergader.

Dankie aan die lede wat reeds ledegelde vir 2021 betaal het; as u nie seker is of u betaal het of nie, kontak ons gerus by [info@u3astilbaai.org](mailto:info@u3astilbaai.org) om te bevestig voordat u weer 'n betaling maak.

**BELANGRIKE NOTA:** Ons het nog steeds nie die persoon R 30 wat op 11 Januarie betaal het, en die verwysing as Absa Bank gegee het, opgespoor nie; kontak ons asseblief. Op 10 Maart het twee nuwe lede hul ledegelde betaal, maar ons het geen kontak inligting vir hulle nie – as iemand Nollie en Annaleen de Beer ken, vra hulle asseblief om ons te epos by [info@u3astilbaai.org](mailto:info@u3astilbaai.org).

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## COVID -19 REGULASIES

Vlak 1 regulasies is weer op 1 Maart 2021 ingestel, en dit beteken dat meeste van ons aktiwiteite nou weer hervat kan word, maar met sekere beperkings. Getalle vir binnenshuise byeenkomste is beperk tot 50% van die kapasiteit van die betrokke lokaal, die dra van maskers, afstandhouding van 1.5m, en handsanitering is nog steeds van toepassing.

Die Waenhuis is nou ook weer beskikbaar vir ons gebruik, maar slegs vir 'n maksimum van 50 persone. Weereens het die komitee besluit om dit oor te laat aan elke groep om te besluit wanneer hulle weer hul aktiwiteite wil begin; sommige groepe verkies om liewers nog 'n ruk te wag om heeltemal seker te maak van die verloop van die pandemie.

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## U3A STILBAAI GROEPE

U3A Stilbaai het verskeie groepe wat aktiwiteite vir lede aanbied:

- **Aandele Groep:** Die groep bly in kontak per epos. Kontak Christo by [christoprins208@gmail.com](mailto:christoprins208@gmail.com).
- **Astronomie groep:** Die groep vergader nog nie; kontak Deon by [begemannd@gmail.com](mailto:begemannd@gmail.com) as u by die groep wil aansluit.
- **Fotografie Groep:** Die groep vergader op die tweede Maandag van elke maand. Kontak Lawrence by [barltrop@telkomsa.net](mailto:barltrop@telkomsa.net).
- **Neurowetenskap Groep:** Die groep vergader nie hierdie maand nie. Kontak Jenni by

Please use your name as reference and email us at [bank@u3astilbaai.org](mailto:bank@u3astilbaai.org) to confirm payment.

You can pay over the internet or at an ATM, but we seriously ask you NOT to pay your membership fees at a counter. The minimum banking fee for a cash deposit over the counter is R62 per transaction, we thus have to pay the bank R32 for your membership. The fee for a deposit at an ABSA ATM is R6.35, which is quite acceptable. You can also pay cash when we meet again.

Thanks to the members who have already paid membership fees for 2021; if you are not sure whether you have paid or not, please contact us at [info@u3astilbaai.org](mailto:info@u3astilbaai.org) to confirm before you make another payment.

**IMPORTANT NOTE:** We have still not traced the person who paid R30 on 11 January, and gave the reference as Absa Bank; please contact us. On 10 March two new members paid their membership fees, but we have no contact details for them – if anybody knows Nollie and Annaleen de Beer, please ask them to email us at [info@u3astilbaai.org](mailto:info@u3astilbaai.org).

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## COVID-19 REGULATIONS

Level 1 regulations were again introduced on 1 March 2021, and this means that most of our activities can now be resumed, but with specified restrictions. Numbers of indoor activities are limited to 50% of the capacity of the venue, wearing of masks, social distancing of 1.5m, and hand sanitation is still applicable.

Die Waenhuis is now again available for our use, but only for a maximum of 50 persons. The committee has again decided to leave it to each group to decide when they want to restart their activities; some groups prefer to wait a while longer to make quite sure about the trending of the pandemic.

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## U3A STILBAAI GROUPS

U3A Stilbaai has several groups offering activities to members:.

- **Astronomy Group:** The group are not yet meeting. Contact Deon at [begemannd@gmail.com](mailto:begemannd@gmail.com) if you are interested in joining the group,
- **Bird Group:** Meetings of the group and birdwatching outings have not resumed. More information is available on [www.u3astilbaai.org/birdgroup](http://www.u3astilbaai.org/birdgroup). Contact Krysia at [krysiastenvert@gmail.com](mailto:krysiastenvert@gmail.com) if you are interested in joining the group.
- **Hiking Group:** Hiking on Friday mornings have resumed. If you want to join the group, contact Nico at [nico.steenekamp@gmail.com](mailto:nico.steenekamp@gmail.com)

[jennisharkey@gmail.com](mailto:jennisharkey@gmail.com) indien u by die groep wil aansluit.

- **Stapgroep:** Die groep stap nou weer op Vrydag oggende As u by die groep wil aansluit, kontak Nico by [nico.steenekamp@gmail.com](mailto:nico.steenekamp@gmail.com).
- **Voëlgroep:** Vergaderings van die groep en voëlkyk uitstappies het nog nie weer begin nie. Meer inligting is op [www.u3astilbaai.org/birdgroup](http://www.u3astilbaai.org/birdgroup). Kontak Krysia by [krysiastenvert@gmail.com](mailto:krysiastenvert@gmail.com) indien u belangstel om by die groep aan te sluit.

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## VOORKOM DIE VERSPREIDING VAN COVID-19.

- Dra asseblief u masker •
- Hou u afstand van ander mense •
- Was u hande gereeld •
- Vermy samedromming van mense •

- **Neuroscience Group:** The group is not meeting this month. If you want to join the group, please contact Jenni at [jennisharkey@gmail.com](mailto:jennisharkey@gmail.com).
- **Photography Group:** The group meets on the second Monday of every month. Contact Lawrence at [barltrop@telkomsa.net](mailto:barltrop@telkomsa.net).
- **Shares Group:** The group remains active via email. Contact Christo at [christoprins208@gmail.com](mailto:christoprins208@gmail.com).

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## PREVENT SPREADING COVID-19.

- Please wear your mask •
- Keep your distance from other people •
- Wash your hands regularly •
- Avoid concentrations of people •