U3A STILBAAI

DIT EN DAT
13 September 2020

U3A STILBAAI VERGADER WEER

Dit blyk dat die Covid-19 situasie in so ‘n mate verbeter het dat U3A Stilbaai nou weer sommige aktiwiteite kan hervat, maar slegs onder streng voorwaardes.

Ons het ook verneem dat Die Waenhuis by Jagersbosch weer beskikbaar is vir die hou van vergaderings vanaf 1 Oktober 2020. Die voorwaardes wat sal geld vir U3A aktiwiteite is as volg (hierdie kombineer huidige regulasies met voorwaardes gestel deur Jagersbosch en ons komitee):

1. Alle lede moet maskers dra tydens ‘n byeenkoms; en alle deelnemers moet ten minste 1.5m van mekaar bly. Sprekers by ‘n groep vergadering, en dié wat inspannende oefening doen tydens ‘n aktiwiteit, mag hul maskers verwyder tydens die praatjie of die oefening.
2. Buitelug aktiwiteite word beperk tot 50 persone soos per regulasie; maar binnenshuise aktiwiteite word beperk tot die getalle gestel vir die lokaal. Alle vergaderings in Die Waenhuis is beperk tot 25 persone; en aktiwiteite in private wonings is beperk tot 10 persone.
3. ‘n Bywoningsregister van alle deelnemers moet vir elke byeenkoms bygehou word – dit is om opsporing te vergemaklik indien enige deelnemer Covid-19 sou ontwikkel.
4. Elke groep moet self besluit of hulle nou al aktiwiteite wil hervat of nie – sommige groepe mag verkies om te wag tot volgende jaar voor hulle vergaderings hou.
5. Individuele lede moet besluit of hulle op hierdie stadium al aan aktiwiteite wil deelneem of nie. Vanselfsprekend word dit aanvaar dat enige persoon wat deelneem doen dit op eie risiko, en dat U3A Stilbaai nie aanspreeklik gehou sal word indien enige betrokke persoon Covid-19 sou ontwikkel nie.

Ons is besig met reëlings vir maandelikse praatjies einde Oktober en November, maar aangesien slegs 25 persone in Die Waenhuis toegelaat sal word, sal ons besprekings moet neem vir die praatjies. Die beplande praatjies is as volg:

- Maandag 26 Oktober 2020 om 09h30: Deon Begemann praat oor die Stilbaai Muggie.
- Maandag 30 November 2020 om 09h30: Karel Nel praat oor Seëls en Seëlverameling.

Die Neurowetenskap Groep sal ook weer vergader – die eerste groep vergadering is op Woensdag 14

THIS AND THAT
13 September 2020

U3A STILBAAI MEETING AGAIN

It seems that the Covid-19 situation has improved to such a degree that U3A Stilbaai csn now resume some activities, but only under strict conditions.

We have learnt that Die Waenhuis at Jagersbosch will be available for meetings from 1 October 2020. The conditions that will apply to U3A activities are as follows (these combine current regulations with conditions imposed by Jagersbosch and our committee):

1. All members must wear masks to a group gathering; and all participants must keep at least 1.5m away from other participants. Speakers at a group meeting, and those doing strenuous exercise during an activity, may remove their masks for the duration of the talk or the exercise.
2. Outdoor activities are limited to a maximum of 50 persons as per the regulations; but indoor activities are limited to the numbers imposed for respective venues. All meetings in Die Waenhuis are limited to 25 persons; and activities in private homes are limited to 10 persons.
3. An attendance register of all participants must be kept for each gathering – this is to enable easy tracing should any person involved develop Covid-19.
4. Each group must decide whether they want to resume activities now or not – some may choose to wait until next year before holding meetings.
5. Individual members must decide whether they want to participate in activities at this stage or not. However, it is accepted that each participant participates at their own risk, and that U3A Stilbaai will not be held responsible should any person involved develop Covid-19.

We are busy with arrangements for monthly talks for the end of October and November, but as only 25 persons are allowed in Die Waenhuis, we will have to take bookings for these talks. The planned talks are as follows:

- Monday 26 Oktober 2020 at 09h30: Deon Begemann talks about Stilbaai Midges.
- Monday 30 November 2020 at 09h30: Karel Nel talks about Stamps and Stamp collecting.

The Neuroscience Group will also meet again – the first group meeting is on Wednesday 14 October at 14h00 in Die Waenhuis, and then again on 18 November at 14h00.

Please DO NOT make any bookings for talks at this stage. We will share more information about all

Oktober om 14h00 in Die Waenhuis, en dan weer op 18 November om 14h00.

Moet asseblief NIE nou al bespreek vir praatjies nie. Ons sal mettertyd meer inligting oor al hierdie beplande vergaderings gee, asook meer details oor hoe ons die bywoning gaan hanteer. Dit is ook moontlik dat Vlak 1 regulasies, wat binnekort verwag word, sal beteken dat sommige van die voorwaardes aangepas kan word.

Bly besig

Die **Voëlgroep** se Virtual Museum projek word goed deur ons lede ondersteun, teen einde Augustus is 'n totaal van 1,165 foto's ingedien. Vir meer inligting oor deelname, en ook om die foto's te sien, gaan na Projekte op die Voëlgroep seksie van ons U3A Stilbaai webtuiste.

Die **Fotografie Groep** se foto-albums op die webtuiste groei met wonderlike foto's wat gereeld bygevoeg word. Gaan na Foto Albums in die Fotografie Groep seksie van ons U3A Stilbaai webtuiste om verskeie fotograwe se portefeuljes te sien.

Die **Neuowetenskap Groep** kan nou deelneem aan Zoom kursusse, lede van die groep kry kennisgewings van hierdie kursusse.

planned meetings in due course, as well as more details about how we will handle attendance. It is also possible that Level 1 regulations, which are expected soon, will result in some of the conditions being amended.

Keeping busy

The **Bird Group's** Virtual Museum project is well supported by our members, by the end of August a total of 1,165 photos had been submitted. For more information about how to participate, and to see the photos submitted, go to Projects on the Bird Group section of our U3A Stilbaai website.

The **Photography Group's** photo albums on the website are growing with some wonderful photos being added regularly. Go to Photo Albums in the Photography Group section of our U3A Stilbaai website to view the portfolios of several photographers.

The **Neuroscience Group** can now participate in Zoom courses, members of the group are notified of these courses.

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