



U3A Stilbaai News Letter: No. 3, August 2015

General Meetings (GM):

A big Thank You to Julie Wilson for the very interesting talk on the influential Barry family last month.

New dates:

We are now sticking to the new slot on the last Monday of every month.

Our next GM will therefore be on **Monday, 31 August 2015 at 09h30**

Our speaker for August:

Willem Botha, Chairman of the Gouritz Cluster Biosphere Reserve (CGBR) will talk on this unique area in which we all live and what the recent Unesco recognition will mean for the region. The Gouritz River forms the western border of this cluster and the eastern one lies beyond Uniondale. Stilbaai is the only Core Marine Area in this biosphere. The Gouritz Cluster Biosphere Reserve is the first in Africa to be designated as a 'Cluster Biosphere Reserve'.

We will again collect membership fees (of R30 p.p., per year) from 09h00 for a GM start at 09h30.

Other speakers and topics volunteered for GMs later in the year are:

- September: "The science behind the high fat/low carb vs eat everything in moderation diets": Stefan Pretorius.
- October: "Estate planning—putting your affairs in order" : Arthur Clarke/Stefan Pretorius
- "Latest info on Climate Change" : Prof Mike Lucas (UCT)
- "A Sub-Antarctic Trip to Bouvet Island" : Wendy Wilson

(Most addresses will be given in part English and part Afrikaans.)

Courses:

<u>Subject</u>	<u>Contact Person</u>	<u>email</u>
Natural Science #	Stefan Pretorius	stefan877@mweb.co.za
Religion and Power	Janet Stonier	jet33@telkomsa.net
Botanical Art Drawings/Watercolours	Julie Wilson	wilson.julie222@gmail.com
Creative Writing: Getting it Down—4weeks	Carol Malan	carol.malan@vodamail.co.za
Help with computers/tablets/smartphones*	Stefan Pretorius	stefan877@mweb.co.za

Start delay as I am about to have an operation
*One-on-one help at home: Not courses

Proposed Courses:

Armchair Travel, Cooking Demonstrations, History, Birding, Botany/Flowers, Opera/Music/Choirs, Photography, Walks/Hikes, Classic Films on DVD, and Documentary Films on DVD or Blu Ray ... You fill in the dots. We'll draw up the schedule.

(Members please volunteer to contribute in your own fields of interest or expertise. We are looking for contact people here.

**Course leaders do not have to present at each session,
they can arrange contributions from others. }**