



USA Stilbaai News Letter: No. 5, October 2015

General Meetings (GM):

Our next GM will therefore be on **Monday, 26 October 2015 at 09h30**

Our speaker for October:

Next Monday's talk is entitled "Putting your Affairs in Order" by Arthur Clarke of Cape Town who is driving up especially to make this presentation. (Arthur will only speak in English.)

Research in the USA indicates that 55% of Americans die without a Will. It is estimated that this figure is much higher in SA. But whether you have a Will or not, there are many other financial, legal, and other matters, which, if not sorted out now, can make your old age a misery as well as create real problems and heartache after you pass away.

Aimed particularly at retired people, his fascinating 'easy to understand' power point presentation will provide real insight to many -- even those who believe they are well prepared -- and have a financial adviser, attorney, and executor. Much of what you will learn will be of great benefit to your children and family too!

Let's give Arthur a real warm 'Stilbaai welcome. Please invite your friends.

We will again collect membership fees (of R30 p.p., per year) from 09h00 for a GM start at 09h30. New members will also get 2016 membership.

Other speakers and topics volunteered for GMs later in the year are:

- November: The science behind the "high fat and low carbohydrate" diet vs. the "eat everything in moderation" one by Stefan Pretorius.
- January 2016 "Latest info on Climate Change" : Prof Mike Lucas (UCT)
- "A Sub-Antarctic Trip to Bouvet Island" : Wendy Wilson

(Most addresses will be given in part English and part Afrikaans.)