

NEWSLETTER No. 19

January 2017

www.u3astilbaai.org

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MONTHLY MEETING

Monday 30 January 2017; 09h00 for 09h30 Die Waenhuis, Jagersbosch, Stilbaai West.

IRAN: A FIVE YEAR EXPERIENCE

Stefan Pretorius was attached to the SA Embassy in Teheran for approximately 5 years; he tells us about his experiences and how he survived the Iranian civil war in 1979 when the Shah of Iran was overthrown and he was stranded in Iran for 6 months.

Guests and non-members are welcome to attend; admittance is free.

THIS AND THAT ...

Sunset Talks over holiday season.

Dr Marie Heese spoke about her new novel "Maestro" on 28 December. The appreciative audience hung on her every word as she explained the elements used in building historical novels. She also discussed the traps, and the accuracy of details that must be researched when an author fleshes out any historical character. Her book is about the 17th century sculptor and architect, Gianlorenzo Bernini. The audience was treated to a thrilling show of his truly wonderful sculptures and architecture.

Prof. Hermann Giliomee presented his new book: "Historian – An Autobiography" on 3 January. He discussed the various approaches followed by historians when writing an autobiography from Edward Gibbons onwards. As an historian, political scientist and protagonist for Afrikaans, Giliomee had contact with with many of the leading political figures in South Africa over the last 50 years, and his interesting comments on political developments over the years held the audience captive.

Jagersbosch Fund

At the two holiday meetings we passed round a 'hat' (actually a square box with a slit in the top!), and collected a total of R850 for the Jagersbosch Fund.

At the monthly meeting on 30 January we will again raffle a bottle of wine, remember to bring R5 for the raffle.

For a full list of contributions to the Fund, please view the 'Jagersbosch Fund' page on our website: www.u3astilbaai.org. Donations to the Jagersbosch Fund from any member or organisation are welcome. Donations may be made at the monthly meetings or paid into: ABSA Business Savings Account:- Name: U3A Stilbaai; No: 9321782429; Code: 632005. Please enter 'Jagersbosch Fund' as the reference, and email us at bank@u3astilbaai.org to confirm the payment.

U3A STILBAAI COURSES

Courses are for members only. The following courses are offered or being planned:

- **Beginners Art**: Draw or paint in medium of choice. Meet first Thursday of the month. Contact Julie at wilson.julie222@gmail.com.
- **Hiking Groups**: The group walks every Friday morning. Contact Cheryl at *cheryl@kmintsa.co.za*.
- **Historical Tours**: Tours of Stilbaai, Jongensfontein, Riethuiskraal & Melkhoutfontein are in the planning phase, these will be conducted in the autumn when the weather is more amenable. Numbers for the tours are limited. Indicate your interest now to Hella at *dockel@vodamail.co.za*. Dates and times will be finalised in March.
- Italian Cooking: Reinette's first three cooking lessons were much enjoyed by all participants. She will continue her courses and Euchi Yazbek will show us how to cook moussaka. Numbers are limited to 8 per course. Please book your place with Stefan at info@u3astilbaai.org.
- Art Appreciation: Bonnita Davidtsz is giving this course. Contact her at wingover@myconnection.co.za.
- **Bird watching for beginners**: This popular course will again be offered this year. Please contact Johan van Rooyen at *rooyenvanjohan@gmail.com*; numbers are limited and this popular course is quickly filled.
- **TED Talks**: The TED talks will commence on 18 January with the first of three monthly talks in the field of psychology. These talks will be offered on the third Wednesday of every month at 18h00 in Die Waenhuis; the talk will not last more than an hour. There is no limit to numbers. Contact Stefan at info@u3astilbaai.org for more information.
 - [**TED** is a non-partisan non-profit organisation devoted to spreading ideas, usually in the form of short, powerful talks. TED began in 1984 as a conference where **T**echnology, **E**ntertainment and **D**esign converged, and today covers almost all topics from science to business to global issues. More information on *www.ted.com*.]

Please feel free to give us feedback on any of the courses that you have attended, or proposals for any new courses you would like to see introduced to U3A Stilbaai. Email: info@u3astilbaai.org.

TALKS TO COME ...

The talks below are for the next couple of months; we already have talks lined up well into the second half of the year, but we are still juggling with the dates for some of the speakers.

- 27 Feb 2017: The February talk will be about the Historic Mountain Passes of the Langeberg and Outeniqua Mountains. The talk covers the period from the 1650's to 1880 and takes you on a tour of 13 interesting passes; most are still in use, but few people know their fascinating history (how many of you know of the 3 mountain passes between Riversdale and the Klein Karoo?).
- 27 Mar 2017: Max Döckel gives us his annual assessment of the government's annual budget and what this means to the man in the street.

U3A Stilbaai improves the quality of life of people of mature age, especially retirees, and encourages the maintenance of intellectual capacity through stimulating programmes of learning and teaching and the social contacts derived therefrom.

VISIT OUR WEBSITE FOR MORE INFORMATION: WWW.U3ASTILBAAI.ORG