



## **MONTHLY MEETING**

Monday, 29 May 2017; 09h00 for 09h30

Die Waenhuis, Jagersbosch, Stilbaai West.

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### **ADAPTATIONS IN STOCK FARMING**

**Derick Swart**

Dr Derick Swart was Programme Manager of the Animal Production Institute of the Agricultural Research Council at Grootfontein Agricultural Development Institute, Middelburg, Eastern Cape. He was involved in research on small-stock farming, and talks to us about adaptations in farming methods.

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Guests and non-members are welcome to attend; admission is free.

### **THIS AND THAT ...**

#### **April Monthly Talk.**

Max Döckel's talk on the South African economy was well attended and very informative. Max highlighted both the positive and negative aspects of our economic situation at present, and went on to discuss possible future developments. He emphasized that current political developments in South Africa is having a severely negative effect on the economy, and that our future well-being depends on the outcome of the political crisis.

#### **Jagersbosch Fund**

The April monthly meeting raffle brought in R268, and the TED talk on 26 April R107.10. The fund now stands at R2,740.67. The committee is considering various options for further use of this fund for the benefit of Jagersbosch.

For a full list of contributions to the Fund, please view the 'Jagersbosch Fund' page on our website: [www.u3astilbaai.org](http://www.u3astilbaai.org). Our banking details are also on the website if you wish to make a contribution.

#### **Membership**

Membership is now 171; eight new members joined during April. A warm welcome to you all.

### **U3A STILBAAI COURSES**

Courses are for members only. Stefan Pretorius is the co-ordinator for all U3A Stilbaai courses, he can be contacted at [stefanpretorius877@gmail.com](mailto:stefanpretorius877@gmail.com) for general enquiries.

- **Hiking Groups** : The group walks every Friday morning. Contact Cheryl at [cheryl@kmintsa.co.za](mailto:cheryl@kmintsa.co.za).
- **Historical Tours** : The tour of historical Stilbaai West on Wednesday 3 May was postponed due to inclement weather. We are planning a tour of historical Jongensfontein, and also one to Stilbaai East.

- **Cooking Courses** : The cooking courses are held on the first Friday of every month, numbers are limited. Please book your place with Stefan at [stefanpretorius877@gmail.com](mailto:stefanpretorius877@gmail.com).
- **Bird watching for beginners** : This course will again be offered later in the year. Contact Johan van Rooyen at [rooyenvanjoan@gmail.com](mailto:rooyenvanjoan@gmail.com); numbers are limited and this popular course is quickly filled.
- **Koki's & Pencils** : "Beat stress with colouring-in for adults". Meet in Die Waenhuis, Jagersbosch, every Tuesday from 2 to 4pm. R5 per session. Pages and equipment will be made available to first-timers. Contact Carol Malan at 028 754 2817.
- **Armchair Travel Group** : Debbie Barltrop will be hosting Armchair Travel meetings every third Friday of the month in Die Waenhuis at 17h30. The first one is on 16 June and is a Blu Ray about India. Members who want to attend must please contact Debbie on [barltropd@gmail.com](mailto:barltropd@gmail.com).

Please feel free to give us feedback on any of the courses that you have attended, or proposals for any new courses you would like to see introduced to U3A Stilbaai. Email: [info@u3astilbaai.org](mailto:info@u3astilbaai.org).

### **TED TALK : THE ORIGINS OF FEELINGS**

**Wednesday, 24 May 2017 at 09h30; Die Waenhuis, Jagersbosch.**

The next two TED Talks will be on the science of emotions and will be facilitated by Jenni Sharkey. The first one on Wednesday 24 May is "The Origins of Feelings: Neuro Science provides insights" presented by Jaak Panksepp. The TED Talk on 28 June is titled: "Empowered by Emotional Systems (Emotional Intelligence)" and is by Mark Solms.

Lawrence Barltrop is now the coordinator for TED Talks.

**TED** is a non-partisan non-profit organisation devoted to spreading ideas, usually in the form of short powerful talks. TED began in 1984 as a conference where **T**echnology, **E**ntertainment and **D**esign converged, and today covers almost all topics – from science to business to global issues. More information on [www.ted.com](http://www.ted.com).

### **OUTINGS**

A day trip to Gysmanshoek and Plattekloof passes in the Langeberg northwest of Riversdale is being planned for a day between 19 and 30 June. The plan is to drive into the Gysmanshoek valley; if the road over the mountain is passable, we will drive over into the Little Karoo and return via Garcia Pass. The outing will be a leisurely historical/nature trip (no hiking), and participants can take a picnic lunch as we will probably only return to Stilbaai mid or late afternoon.

Any members interested in the Gysmanshoek trip, please email us at [info@u3astilbaai.org](mailto:info@u3astilbaai.org) so that we can get some idea of numbers; also give us your preference for a specific day. We will send out further notices about this trip.

### **TALKS TO COME ...**

The programme for monthly talks for the next few months is as follows; please note that this may change due to unforeseen circumstances:

- 26 Jun 2017: Daan Toerien discusses the impacts of fracking in the Karoo on tourism.
- 31 Jul 2017: Petra Daneel tells us more about Jagersbosch. Our (hopefully very short) Annual General Meeting will be held just before Petra's talk .
- 28 Aug 2017: Antel van Deventer will talk about social attributes and challenges of learners with autism.
- 25 Sep 2017: Esma Marnewick talks about the ups and downs of travel writing.
- 30 Oct 2017: Anna Hattingh will talk to us about Living Wills.

*U3A Stilbaai improves the quality of life of people of mature age, especially retirees, and encourages the maintenance of intellectual capacity through stimulating programmes of learning and teaching and the social contacts derived therefrom.*

**VISIT OUR WEBSITE FOR MORE INFORMATION : [WWW.U3ASTILBAAI.ORG](http://WWW.U3ASTILBAAI.ORG)**