

NEWSLETTER No. 28 October 2017

www.u3astilbaai.org

info@u3astilbaai.org

MONTHLY MEETING

Monday, 30 October 2017: 09h00 for 09h30 Die Waenhuis, Jagersbosch, Stilbaai West.

Living Wills. Anna Hattingh

Anna Hattingh is a local attorney and will be talking to us about Living Wills.

Guests and non-members are welcome to attend; admission is free.

THIS AND THAT ...

September Monthly Talk.

Esma Marnewick presented her talk on the evolution of a travel magazine (Weg!). She also discussed travel journalism in a digital age. She is very enthusiastic about the magazine, and is passionate about her involvement in all things related to National Parks, forests, Karoo, bush, rivers and just everything in the great outdoors. Referring to articles and anecdotes submitted by readers Esma stressed that cameo-articles and photographs should give an entirely fresh slant and original look at what is frequently seen out there by many tourists. Only submissions which adhere to these criteria will be considered by the editorial staff, and all contributions to the magazine are voluntary.

Jagersbosch Fund

The September raffle yielded R240, and the TED talk on 27 September R120; the Historic Mountain Passes Outing on 12 October contributed R36. The fund now stands at R4,745.67.

For a full list of contributions to the Fund, view the Jagersbosch Fund page on our website. Our banking details are also on the website if you wish to make a contribution. www.u3astilbaai.org

Membership

Eight new members joined at and since our monthly meeting in September; and several renewed their membership for 2017/18. Our paid-up membership now stands at 188.

The blue name tag is no longer valid, the 2017/18 name tag has an orange coloured background. Members are reminded to wear their name tags at all U3A functions.

Please take note that the U3A courses, group activities and outings are for members only; although members are welcome to bring guests who are visiting Stilbaai, or individuals whom you want to introduce to U3A Stilbaai. If permanent residents of Stilbaai want to participate regularly, they are welcome to join U3A Stilbaai.

Contact us if you have feedback on any of the courses, group activities or outings; or if you have proposals for any new courses, etc. you would like to see introduced. Email: info@u3astilbaai.org.

U3A STILBAAI COURSES

The following courses are currently on offer:

- **Cooking Courses:** For Reinette's cooking course contact her at *reinetteanastagi@gmail.com*.
- **Bird identification for beginners**: The first two bird identification courses in 2018 are already fully subscribed, but a third course is planned for 2018. To avoid disappointment, please contact Johan at *rooyenvanjohan@qmail.com* as soon as possible.

TED TALK: "ECONOMIC GROWTH HAS STALLED. LET'S FIX IT."

By global economist Dambisa Moyo.

Wednesday, 25 October 2017 at 09h30; Die Waenhuis, Jagersbosch.

Economic growth is the defining challenge of our time; without it, political and social instability rises, human progress stagnates and societies grow dimmer. But, says economist Dambisa Moyo, dogmatic capitalism isn't creating the growth we need. As she shows, in both state-sponsored and market-driven models, capitalism is failing to solve social ills, fostering corruption and creating income inequality. Moyo surveys the current economic landscape and suggests that we have to start thinking about capitalism as a spectrum so we can blend the best of different models together to foster growth.

Max Döckel will facilitate this TED Talk.

Lawrence Barltrop is coordinating TED Talks; please contact him at barltrop@vodamail.co.za if you have an interesting topic, or if you want a presentation about a specific subject.

TED is a non-partisan non-profit organisation devoted to spreading ideas, usually in the form of short powerful talks. TED began in 1984 as a conference where **T**echnology, **E**ntertainment and **D**esign converged, and today covers almost all topics – from science to business to global issues. More information on *www.ted.com*.

U3A STILBAAI GROUPS

The following group activities are taking place:

- Hiking Groups: The group hikes every Friday morning. Contact Cheryl at cheryl@kmintsa.co.za.
- Walking Group: The group walks every Friday at 08h00. Contact Debra at barltropd@gmail.com for more information.
- **Bird Group**: Any member interested in joining the Bird Group, please contact Johan at rooyenvanjohan@qmail.com.
- **Photography Group**: A photography group has been established, any member interested can contact Lawrence at *barltrop@vodamail.co.za*.
- **Share Group**: The share group meets regularly; any member interested can contact Christo at *christoprins208@gmail.com*.
- **Neuroscience Group**: Some members have expressed interest in neuroscience discussions, the field of neuroscience has advanced spectacularly due to in the increased accuracy of brain scans. Anybody interested, please email us at *info@u3astilbaai.org* we want to determine numbers at this stage.

U3A STILBAAI OUTINGS

Seventy-three people have now been on the Historic Mountain Passes outing, the last outing is taking place on 18 October. There appears to be more interest in this outing, if there is enough interest, we may arrange more next year, but these will not be before the winter months.

The committee is considering a number of possible outings for next year; we will let you know as soon as we have more information.

TALKS TO COME ...

The Committee is delighted with the response from our members proposing speakers for future monthly meetings. Members can look forward to a variety of topics in the first part of 2018.

Our last monthly talk this year is in November:

• 27 Nov 2017: Johan van Rooyen will talk about the Southern Africa Bird Atlas Project.

We have not planned any activities for the holiday season; however if you know of any person with a particular interest that will be visiting Stilbaai and will be prepared to give us a presentation, please let us know at *info@u3astilbaai.org* so that we can see if we can arrange a sunset meeting at Die Waenhuis.

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U3A Stilbaai improves the quality of life of people of mature age, especially retirees, and encourages the maintenance of intellectual capacity through stimulating programmes of learning and teaching and the social contacts derived therefrom.

VISIT OUR WEBSITE FOR MORE INFORMATION: WWW.U3ASTILBAAI.ORG. CONTACT US ON INFO@U3ASTILBAAI.ORG.