NUUSBULLETIN

MEI 2021

NEWS BULLETIN

MAY 2021

MAANDELIKSE PRAATJIE

Maandag, 31 Mei 2021 @ 09h30

Die Waenhuis, Jagersbosch

DIE STILBAAI-OOS DUINE

Niel van Wyk

Niel van Wyk is 'n omgewingswetenskaplike met baie jare ondervinding in kusprosesse en die bestuur van kus-stelsels. In die praatjie beskryf hy die funksie en dinamika van kusduine, in besonder die Stilbaai-Oos duine. Oor die jare het menslike aksies heelwat impak gehad op die Stilbaai-Oos duine, en die lesing bespreek die gevolglike veranderinge en die huidige probleme as gevolg van hierdie veranderinge.

Die PowerPoint is in Engels, die lesing self is in beide Engels en Afrikaans.

Covid regulasies bepaal dat net 50 persone in Die Waenhuis toegelaat mag word. Baie van ons lede voel nog nie gemaklik met so 'n samesyn nie, en in ons vorige praatjies was daar minder as 50 mense. Ons vra u om steeds te bespreek, ons het ook 'n kontaknommer nodig vir die lys van bywoners met hul temperature wat ons aan Jagersbosch moet verskaf (as u die vorige vergaderings bygewoon het, het ons reeds u nommer). Bespreek asseblief vroegtydig, dit gee ons kans om die nodige bywoningslys gereed te kry.

Bespreek by info@u3astilbaai.org.

MONTHLY TALK

Monday, 31 May 2021 @ 09h30

Die Waenhuis, Jagersbosch

THE STILBAAI EAST DUNES

Niel van Wyk

Niel van Wyk is an environmental scientist with many years experience in coastal processes and management of coastal systems. In this talk he describes the function and dynamics of coastal dunes, in particular the Stilbaai East dunes. Over the years the Stilbaai East dunes have been heavily impacted by man, and the talk will discuss the resulting changes and current problems related to these changes.

The PowerPoint is in English, the talk will be in both English and Afrikaans.

Covid regulations determine that only 50 persons may be allowed in Die Waenhuis. Many of our members do not yet feel comfortable to attend a gathering, in our previous talks we had less than 50 persons. But please book, we also need a contact number for the list of attendees with their temperatures we have to give to Jagersbosch (if you attended previous meetings, we already have your number). Please book early, we have to prepare the required attendance register.

Book at info@u3astilbaai.org.

AANKOOP VAN SKOOTREKENAAR

Terwyl sommige sprekers hul eie skootrekenaars gebruik vir die aanbiedings by hul praatjies, gebruik ons meestal 'n skootrekenaar van 'n komiteelid. Die video en audio stelsel in Die Waenhuis is opgradeer, en daar word dikwels probleme ondervind omdat die programme op sommige rekenaars nie versoenbaar is met die stelsel nie. Ons komitee het dus besluit om 'n

PURCHASE OF LAPTOP COMPUTER

While some speakers use their own laptop computer for presentations with their talks, we mostly use a committee member's laptop. The video and audio system in Die Waenhuis has been upgraded, and there are often problems as programmes on some laptops are not compatible with the system. The committee has thus decided to acquire a laptop computer which

skootrekenaar aan te koop wat totaal versoenbaar is met Die Waenhuis stelsels en wat ons dan vir alle aanbiedings kan gebruik. As ons eers die skootrekenaar het, gaan ons dit ook vir ander take aanwend, soos byv. bestuur van ons ledelys, finansiële bestuur, eposse, en die stoor van data.

Uitloting van Bottel Clemengold Gin.

Ons is nog nie seker wat die totale koste van die rekenaar gaan wees nie, maar ons begin solank fondse insamel vir hierdie doel. In ons eerste fondsinsameling loot ons 'n 500ml bottel Clemengold Gin uit (kleinhandel koste ongeveer R330). Die koste van die uitloting is R10 per inskrywing; u kan inskryf deur ons te epos op info@u3astilbaai.org. U kan die R10 (of meer afhangende van die getal inskrywings uitgeneem) per EFT in ons bankrekening inbetaal (sien details in volgende artikel hieronder), of u kan dit later kontant betaal (as u dit nie by 'n vergadering kan doen nie, kan ons onderlinge reëlings tref).

Die uitloting sluit op 1 Junie 2021, die wennaam sal op ons daaropvolgende komitee vergadering getrek word.

'n Donasie van R500 vir hierdie aankope is met dank ontvang – enige donasie is altyd welkom.

LEDEGELDE

Ons herinner u dat ledegelde betalbaar is. Ledegelde vir die 2021 jaar wat op 31 Desember 2021 eindig bly **R30 per persoon**, en kan in ons ABSA rekening inbetaal word; ons bankbesonderhede is as volg:

Bank: ABSA Bank
Rekeningnaam: U3A Stilbaai
Rekeningnommer: 9321782429
Takkode: 632005
Tipe rekening: Spaar

Gebruik asseblief u naam as verwysing en epos ons by bank@u3astilbaai.org om betaling te bevestig.

U kan oor die internet of by 'n OTM betaal, maar ons wil u ernstig versoek om NIE by die toonbank u ledegelde te betaal nie. Die minimum bankkoste vir 'n kontantdeposito oor die toonbank is R62 per transaksie, ons moet dus die bank R32 ekstra betaal vir u lidmaatskap. Die fooi vir 'n deposito by 'n ABSA OTM is R6.35, wat aanvaarbaar is. U kan ook kontant betaal wanneer ons weer vergader.

Betaal asseblief voor 30 Junie; vanaf 1 Julie haal ons alle persone wat nog nie betaal het nie van ons ledelys af en julle en sal nie meer bulletins of ander kennisgewings kry nie.

Dankie aan die 218 lede wat reeds ledegelde vir 2021 betaal het; as u nie seker is of u betaal het of nie, kontak ons gerus by info@u3astilbaai.org om te bevestig voordat u weer 'n betaling maak.

is totally compatible with Die Waenhuis systems and which we can use in all presentations. Once we have the laptop, we will also use it for other purposes, e.g. management of our members' list, financial management, emails, and data.

Raffle of Bottle Clemengold Gin.

We are not yet sure of the total cost of the laptop, but we are collecting funds for this purpose. In our first fundraising we are raffling a 500ml bottle Clemengold Gin (retail cost about R330). The cost of the raffle is R10 per entry; you can enter by emailing us at info@u3astilbaai.org. You can pay the R10 (or more if you take out more entries) by EFT into our bank account (see details in next article below), or you can pay cash later (if you cannot pay at a meeting, we can make a mutual arrangement).

The raffle closes on 1 June 2021, the winning name will be drawn at the following committee meeting and the winner informed.

We received a donation of R500 for this purchase, thank you to the donator – any donations are always welcome.

MEMBERSHIP FEES

We remind you that membership fees are now due. Membership fees for the 2021 year ending on 31 December 2021 remains **R30 per person**, and can be paid into our ABSA account; our banking details are as follows:

Bank: ABSA Bank
Account Name: U3A Stilbaai
Account Number: 9321782429
Branch code: 632005
Type of Account: Saving

Please use your name as reference and email us at bank@u3astilbaai.org to confirm payment.

You can pay over the internet or at an ATM, but we seriously ask you NOT to pay your membership fees at a counter. The minimum banking fee for a cash deposit over the counter is R62 per transaction, we thus have to pay the bank R32 extra for your membership. The fee for a deposit at an ABSA ATM is R6.35, which is quite acceptable. You can also pay cash when we meet again.

Please pay before 30 June; from 1 July we will remove all persons who have not yet paid from our membership list and you will no longer receive our bulletin or other notices.

Thanks to the 218 members who have already paid membership fees for 2021; if you are not sure whether you have paid or not, please contact us at info@u3astilbaai.org to confirm before you make another payment.

Die persone hieronder het ledegelde betaal, maar ons het geen kontakdetails vir hulle nie. As u enige van hulle ken, vra hulle asseblief om ons te epos by info@u3astilbaai.org:

- Onbekende wat op 11 Januarie betaal het.
- Louise Laurens (15 April).
- Ilse Hafkamp (3 Mei).
- Alecia Stoltz (3 Mei).

SOEK U IETS INTERESSANTS OM U BESIG TE HOU?

Daar is geleenthede vir lede met finansiële bestuur en ook boekhouding ondervinding om 'n belangrike bydra te maak in Stilbaai. Die Hessequa Argeologiese Vereniging (HVA) soek 'n tesourier met boekhouding kennis om die finansiële state van die vereniging by te hou. Dieselfde persoon kan ook hierdie taak verrig vir die Blombos Argeologie & Fynbos Trust.

Die Trust speel 'n baie belangrike rol in die vestiging van die Museum / Inligtingsentrum in Stilbaai vir die "Cradle of Human Culture" Argeologiese Roete. Die Trust benodig dringend 'n finansiële bestuurder/ tesourier wat die finansiële aangeleenthede van die trust sal bestuur, die nodige belastingstate voorberei, ens. Vir hierdie taak sal rekenmeester/oudit ondervinding 'n voordeel wees.

Ons is seker daar is lede van U3A Stilbaai met die nodige ondervinding wat nou hier op Stilbaai afgetree is, en dalk iets interessants soek om by betrokke te raak. Nie een van hierdie twee posisies is hoegenaamd voltyds nie, maar albei maak 'n belangrike bydrae tot ons gemeenskap.

Kontak ons by info@u3astilbaai.org as u bereid is om uit te help met hierdie baie belangrike werk.

COVID -19 INENTING

Inenting vir mense ouer as 60 begin in die Wes-Kaap op Maandag 17 Mei. Maar ASSEBLIEF – MOET NIE AANMELD VIR INENTING TOTDAT JY JOU SMS KENNISGEWING ONTVANG HET NIE. As u nog nie geregistreer is nie (minder as 30% van die 60+ jaar oud inwoners in die Wes-Kaap is geregistreer), registreer asseblief aanlyn by:

» https://vaccine.enroll.health.gov.za/#/

Dit is maklik om te registreer: wees gereed met jou ID nommer, selnommer en Mediese Fonds nommer. Hessequa is nou op die lys, dus kan jy nou Stilbaai by die korrekte munisipaliteit kry.

Jagersbosch help hul lede registreer, enige lid van U3A wat ook 'n lid van Jagersbosch is en hulp nodig het, skakel asseblief **Marilize van Zyl** op **028 754 1934** vir 'n afspraak. As julle nog nie 'n lid van Jagersbosch is nie, sluit nou aan – julle sal verbaas wees oor die

The persons below have paid membership fees, but we have no contact details for them. If you know any of them, please ask them to email us at info@u3astilbaai.org:

- Unknown who paid on 11 January.
- Louise Laurens (15 April).
- Ilse Hafkamp (3 May).
- Alecia Stoltz (3 May).

ARE LOOKING FOR SOMETHING INTERESTING TO KEEP YOU BUSY?

There are opportunities for members with financial management and also bookkeeping experience to make an important contribution in Stilbaai. The Hessequa Archaeological Society need a treasurer with bookkeeping knowledge to keep the financial statements of the Society, as well as perform this task at the Blombos Archaeology & Fynbos Trust.

The Trust is playing an important role in the establishment of the Musuem / Interpretation Centre in Stilbaai for the Cradle of Human Culture Archaeological Route. The Trust is seeking a financial manager/treasurer to manage the Trust's financial matters, prepare the necessary tax submissions, etc. For this task some accounting/audit experience will be an advantage.

We are certain there are members of U3A Stilbaai with the necessary experience now retired at Stilbaai, and who would like to get involved in some very interesting work. Neither of these two positions are full-time, but both make an important contribution to our community

Contact us at info@u3astilbaai.org if you want to help with these important tasks.

COVID-19 VACCINATION

Vaccination for people older than 60 will start in the Western Cape on Monday 17 May. But PLEASE – DO NOT PRESENT YOURSELF FOR VACCINATION UNTIL YOU RECEIVE YOUR SMS NOTICE. If you have not yet registered, (less than 30% of 60+ year old residents in the Western Cape have registered for vaccination), please register online at:

» https://vaccine.enroll.health.gov.za/#/

It is very easy to register: have your ID number, cellphone number and Medical Aid number ready. Hessequa is now on the map, so you will find Stilbaai at the correct municipality.

Jagersbosch is helping their members to register, any member of U3A who is also a member of Jagersbosch and needs help, please call **Marilize van Zyl** at **028 754 1934** to make an appointment. If you are not yet a member of Jagerbosch, join now – you will be surprised by the variety of very usefull services they

verskeidenheid dienste wat hulle vir ouer mense aanbied. U mag dalk dink dat u nog nie van hierdie dienste benodig nie, maar as 'n noodsituasie opduik, kan hulle en sal hulle help.

KOM GEE VIR ONS JOU PRAATJIE

Daar is so baie interessante mense wat hier in Stilbaai woon, en ons weet meeste van julle het baie interessante ondervindinge deur die jare gehad. Êrens binne jou is 'n praatjie wat wag om gelewer te word – kom en gee dit vir ons by 'n maandelikse vergaderings

Kontak ons asseblief as jy, of iemand wat jy ken, daardie interessante praatjie het om te gee. Moenie kwel oor die skyfievertonings wat julle ander mense sien gebruik nie – ons sal help met die opstel van 'n PowerPoint voorlegging om jou praatjie meer interessant te maak.

Kontak ons by info@u3astilbaai.org.

U3A STILBAAI GROEPE

U3A Stilbaai het verskeie groepe wat aktiwiteite vir lede aanbied:

- **Aandele Groep**: Die groep bly in kontak per epos. Kontak Christo by christoprins208@gmail.com.
- **Astronomie groep**: Die groep se aktiwiteite hervat stadig; kontak Deon by begemannd@gmail.com as u by die groep wil aansluit.
- **Fotografie Groep**: Die groep vergader die tweede Maandag van elke maand in Die Waenhuis. Kontak Lawrence by barltrop@telkomsa.net.
- **Neurowetenskap Groep**: Die volgende Zoom sessie is op 28 Mei om 14:00: "Brain fatigue and experiencing 'Languish vs Flourish' states." Kontak Jenni by jennisharkey@gmail.com indien u by die groep en/of die Zoom praatjie wil aansluit.
- **Stapgroep**: Die groep stap nou weer op Vrydag oggende As u by die groep wil aansluit, kontak Nico by nico.steenekamp@gmail.com.
- **Voëlgroep**: Vergaderings van die groep en voëlkyk uitstappies het nog nie weer begin nie. Meer inligting is op www.u3astilbaai.org/birdgroup. Kontak Krysia by krysiastenvert@gmail.com indien u belangstel om by die groep aan te sluit.

VOORKOM DIE VERSPREIDING VAN COVID-19.

• Dra asseblief u masker •

• Hou u afstand van ander mense •

offer to older people. You may think that you do not yet need these services, but if an emergency situation arises they can and will assist.

COME GIVE US YOUR TALK

There are so many interesting people living in Stilbaai, and we know most of you have had very interesting experiences over the years. Somewhere inside you is a talk waiting to be delivered – come and give it to us at a monthly meeting.

Please contact us if you, or somebody you know, has that interesting talk to give. Don't worry about the fancy slide shows you see some people use – we can help you with setting up a PowerPoint presentation to make your talk more interesting.

Contact us at info@u3astilbaai.org.

U3A STILBAAI GROUPS

U3A Stilbaai has several groups offering activities to members:.

- **Astronomy Group**: The group's activities are restarting slowly. If you are interested in joining the group, contact Deon at begemannd@gmail.com
- **Bird Group:** Meetings of the group and birdwatching outings have not resumed. More information is available on www.u3astilbaai.org/birdgroup. Contact Krysia at krysiastenvert@gmail.com if you are interested in joining the group.
- **Hiking Group**: Hiking on Friday mornings have resumed. If you want to join the group, contact Nico at nico.steenekamp@gmail.com
- **Neuroscience Group**: The next Zoom session is on 28 May at 14:00: "Brain fatigue and experiencing 'Languish vs Flourish' states." Please contact Jenni at jennisharkey@gmail.com if you are interested joining the group and/or the Zoom talk.
- **Photography Group**: The group meets on the second Monday of every month in Die Waenhuis. Contact Lawrence at barltrop@telkomsa.net.
- **Shares Group**: The group remains active via email. Contact Christo at christoprins208@gmail.com.

PREVENT SPREADING COVID-19.

• Please wear your mask •

• Keep your distance from other people •

• Wash your hands regularly •

• Avoid concentrations of people •

• Was u hande gereeld •

• Vermy samedromming van mense •

• REGISTREER VIR INENTING •

• REGISTER FOR VACCINATION •

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