



U3A Stilbaai

NUUSBULLETIN

AUGUSTUS 2021

KENNISGEWING

Ons maandelikse vergaderings is steeds as gevolg van die ernstige Covid-19 situasie in Stilbaai gekanselleer. Ons sal die praatjies wat as gevolg van die kansellering van die vergadering nie aangebied is nie, herskeduleer sodra dinge meer normaal is.

Alle binnehuisse byeenkomstes van U3A Stilbaai groepe word kragtens die Covid regulasies verbied. Groepe wat buitelig byeenkomste wil reël, kan self besluit of hulle dit wil doen of nie. Enige buitelig byeenkomste moet met omsigtigheid en inagneming van Covid voorsorgmaatreëls plaasvind. Lede neem deel aan hierdie aktiwiteite op eie risiko.

Meer inligting oor die Covid situasie hieronder.

Hou ons webtuiste dop vir enige veranderinge in die status van die beperkings - www.u3astilbaai.org.

COVID-19 IN STILBAAI

Teen die einde van Julie het dit gelyk asof die Covid-19 situasie in Stilbaai aan die verbeter is, maar 'n drastiese toename in aktiewe gevalle oor die afgelope 10 dae is 'n indikasie dat die ergste nog nie oor is nie. Die aktiewe gevalle vir Stilbaai, Melkhoutfontein, Jongensfontein en Riversdal is as volg:

	Stilbaai	Melkhoutf	Jongensf	R/dal
30 Jul:	35	21	0	92
2 Aug:	28	20	0	104
5 Aug:	43	29	0	92
13 Aug:	81	33	3	177

Daar is 'n onstellige toename in vals nuus oor Covid en die inentings, meestal via WhatsApp, Facebook,

NEWS BULLETIN

AUGUST 2021

NOTICE

Our monthly meetings remain cancelled due to the serious Covid-19 situation in Stilbaai. We will reschedule the talks that could not be presented as result of the cancellation of the meetings as soon as some sort of normality returns.

All indoor gatherings of U3A Stilbaai groups are prohibited in terms of the Covid regulations. Groups that wish to organise outdoor activities, can decide whether they want to do so or not. Any outdoor activities must take place with caution and due cognisance of Covid prevention measures. Members participate in these activities at their own risk.

More information about the Covid situation below.

Keep an eye on our website for any developments in the status of the restrictions - www.u3astilbaai.org.

COVID-19 IN STILBAAI

At the end of July the Covid-19 situation in Stilbaai seemed to be easing off, but a drastic increase in the number of active cases over the last 10 days is an indication that the worse is not over yet. The active cases for Stilbaai, Melkhoutfontein, Jongensfontein and Riversdale are as follows:

	Stilbaai	Melkhoutf	Jongensf	R/dale
30 Jul:	35	21	0	92
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There has been an alarming increase in false news about Covid and the vaccinations, mostly via

Twitter en YouTube videos. Kragtens Covid regulasies is die verspreiding van vals nuus 'n kriminele oortreding, en ons vra ons lede om asseblief NIE enige sulke nuus wat julle mag ontvang aan te stuur of te versprei nie. Die feite kan op die internet vasgestel word; of praat met jul mediese praktisyn.

As gevolg van die vals nuus word baie mense nie ingeënt nie, dit lei nou tot 'n toename in die dodesyfer van Covid wêreldwyd. Die Wêreld Gesondheids-organisasie sê dat die huidige vlaag van die Delta variant infeksies in die VSA en sommige Europese lande word hoofsaaklik versprei deur on-ingeënte persone.

Ons het 'n aantal sterftes in Stilbaai gehad as gevolg van Covid-19, sommige van hulle lede van U3A; ons innige simpatie aan familie en vriende. Aan almal wat ly aan Covid-19 wens ons 'n spoedige herstel toe.

U kan registreer vir die inenting by:
<https://vaccine.enroll.health.gov.za/#/>

AANKOOP VAN SKOOTREKENAAR

Uitloting van Bottel Clemengold Gin.

Die tweede uitloting van 'n 500ml bottel Clemengold Gin (kleinhandel prys ongeveer R330) is aan. Die koste van die uitloting is R10 per inskrywing; u kan inskryf deur ons te epos op info@u3astilbaai.org. U kan die R10 (of meer afhange van die getal inskrywings uitgeneem) per EFT in ons bankrekening inbetaal, of u kan dit later kontant aan ons oorbetal (as u dit nie by 'n vergadering kan doen nie, kan ons onderlinge reëlings tref).

Aangesien ons weer nie die einde van hierdie maand 'n maandelikse vergadering hou nie, word die sluitingsdatum vir die uitloting uitgestel. Op die oomblik lewe ons in onsekere tye, ons sal 'n nuwe sluitingsdatum bepaal wanneer ons weer vergaderings hou. Almal wat ingeskryf het, se name is aangeteken.

U3A STILBAAI GROEPE

U3A Stilbaai het verskeie groepe wat aktiwiteite vir lede aanbied:

- **Aandele Groep:** Die groep bly in kontak per epos. Kontak Christo by christoprins208@gmail.com.
- **Astronomie groep:** As u by die groep wil aansluit, kontak Deon by begemannd@gmail.com.
- **Fotografie Groep:** Die groep vergader nie tans nie weens die Covid situasie. Enige lid wat belangstel om by die groep aan te sluit, kontak Lawrence by barltrop@telkomsa.net.

WhatsApp, Facebook, Twitter and YouTube videos. In terms of the Covid regulations, it is a criminal offence to spread false news, and we ask our members please NOT to send on or distribute any such news you may receive. The facts can easily be checked on the internet; or speak to your medical practitioner.

As a result of false news many people are not getting vaccinated, this has resulted in an increase in the number of Covid fatalities world-wide. The World Health Organisation reports that the current wave of Delta variant infections in the United States and some countries in Europe is primarily being spread by non-vaccinated persons.

A number of people in Stilbaai, including members of U3A, have died due to Covid-19; we extend our sincere sympathies to family and friends. We wish everybody who has Covid-19 a speedy recovery.

You can register for the vaccination at:
<https://vaccine.enroll.health.gov.za/#/>

PURCHASE OF LAPTOP COMPUTER

Raffle of Bottle Clemengold Gin.

The second raffle of a 500ml bottle Clemengold Gin (retail cost about R330) is on. The cost of the raffle is R10 per entry; you can enter by emailing us at info@u3astilbaai.org. You can pay the R10 (or more if you take out more entries) by EFT into our bank account, or you can pay cash later (if you cannot pay at a meeting, we can make some arrangement).

As we are again not having a monthly meeting at the end of this month, the closing date for the raffle has been extended. As matters are very uncertain at present, a new closing date will be decided once we have meetings again. The names of all those who have entered are listed.

U3A STILBAAI GROUPS

U3A Stilbaai has several groups offering activities to members:

- **Astronomy Group:** If you are interested in joining the group, contact Deon at begemannd@gmail.com
- **Bird Group:** Meetings of the group and birdwatching outings have not resumed. More information is available on www.u3astilbaai.org/birdgroup. Contact Krysia at krysiastenvert@gmail.com if you are interested in joining the group.
- **Hiking Group:** The group hikes on Friday mornings. Contact Nico at nico.steenekamp@gmail.com

- **Neurowetenskap Groep:** Kontak Jenni by jennisharkey@gmail.com indien u by die groep en/of die Zoom praatjies wil aansluit.
 - **Stapgroep:** Die groep stap op Vrydag oggende. Kontak Nico by nico.steenekamp@gmail.com.
 - **Voëlgroep:** Vergaderings van die groep en voëlkyk uitstappies het nog nie weer begin nie. Meer inligting is op www.u3astilbaai.org/birdgroup. Kontak Krysia by krysiastenvert@gmail.com indien u belangstel om by die groep aan te sluit.
 - **Neuroscience Group:** Please contact Jenni at jennisharkey@gmail.com if you are interested joining the group and/or the Zoom talks.
 - **Photography Group:** The group is not meeting now due to the Covid situation. Any member interested in joining the group can contact Lawrence at barltrop@telkomsa.net.
 - **Shares Group:** The group remains active via email. Contact Christo at christoprins208@gmail.com.
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VOORKOM DIE VERSPREIDING VAN COVID-19.

- Dra asseblief u masker •
- Hou u afstand van ander mense •
- Was u hande gereeld •
- Vermy samedromming van mense •
- KRY DIE INENTING •

PREVENT SPREADING COVID-19.

- Please wear your mask •
- Keep your distance from other people •
- Wash your hands regularly •
- Avoid concentrations of people •
- GET VACCINATED •