



NUUSBULLETIN

JUNIE 2023

NEWS BULLETIN

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MAANDELIKSE PRAATJIE

Maandag 26 Junie 2023 @ 10:00
Die Waenhuis, Jagersbosch

VREEMDE, FANTASTIESE INHEEMSE PLANTE

Naomi van Schalkwyk

Suid-Afrika is geseënd met 'n wonderlike inheemse plantelewe in alle dele van ons land. Die praatjie handel oor plante wat op een of ander manier verskil of aangepas het om hul lewenswyse in soms onherbergsame omstandighede te verseker.

Naomi van Schalkwyk is welbekend in Stilbaai en haar naam is sinoniem met die Tuin-op-die-Brak en die Mannekoor.

Naomi gradueer met 'n B.Sc aan die Universiteit van Pretoria waarna sy as Wiskunde en Wetenskap-onderwyseres by verskeie skole skool hou. Met haar besondere kennis en passie in haar vakgebied tree sy vir twee jaar as dosent by PUCHO (Potch) op waarna sy vir etlike jare by die Nasionale Herbarium in Pretoria werksaam was.

Sedert 2007 was Naomi die dryfveer en skepper van die Tuin-op-die-Brak. In 2017 publiseer sy haar boek "Bome van Hessequa" en in 2019 'n boek oor "Fynbos vir Stilbaai Tuine." Onder haar leiding is 'n Herbariumgroep geskep wat bestaan uit vrywilligers wat elke Dinsdag in die kiosk op die Tuin-op-die-Brak bymekaar kom om die fynbos-rykdom van die omgewing in te samel, te kategoriseer en vir die nageslag te bewaar.

Buiten Naomi se ervaring en kennis wat betref die planteryk, is sy ook geseënd met 'n besondere musiek talent. In 1979 behaal sy haar Lisensiaat in

MONTHLY MEETING

Monday 26 June 2023 @ 10:00
Die Waenhuis, Jagersbosch

WEIRD AND WONDERFUL INDIGENOUS PLANTS

Naomi van Schalkwyk

South Africa is blessed with a wonderful indigenous plant life in all parts of our country. The talk shows plants that have adapted in some or other way to ensure their survival in sometimes inhospitable surroundings.

Naomi van Schalkwyk is well-known in Stilbaai, her name is synonymous with the Tuin-op-die-Brak and the Men's Choir.

Naomi graduated with a B.Sc at the University of Pretoria after which she taught Maths and Science at various schools. With her knowledge and passion for her subject, she lectured at Potchefstroom University for several years before joining the National Herbarium in Pretoria.

From 2007 Naomi was the driving force and creator of the Tuin-op-die-Brak in Stilbaai. In 2017 she published her book "Trees of Hessequa" and in 2019 a book about "Fynbos for Stilbaai Gardens." Under her leadership an Herbarium Group consisting of volunteers was established, they meet at the kiosk in the Tuin-op-die-Brak every Tuesday to collect and categorise fynbos plants and preserve the for future generations.

In addition to her experience and knowledge of the plant kingdom, Naomi also possesses musical talent. In 1979 she obtained a Licenciante in Organ at UNISA. She is and has been the leader and conductor of the Stilbaai Men's Choir for the last 10 years.

orrel aan UNISA. Sy is tans vir die afgelope 10 jaar die afrigter en dirigent van Stilbaai se Mannekoor.

Naomi se praatjie en die voorlegging sal in Afrikaans, Engels en Latyns wees (die plantname is Latyns – maar moenie skrik nie, sy gee ook die Afrikaanse en Engelse gewone name).

Christina Mars sal Naomi bystaan met die voorlegging.

Besoekers en gaste is welkom by die praatjie

Naomi's talk and the presentation will be in English, Afrikaans and Latin (the plant names are in Latin – but don't worry, she will also give the English and Afrikaans common names).

Christina Mars will assist Naomi with the presentation.

Visitors and guests are welcome at the talk.

VORIGE PRAATJIES

Alle vorige praatjies is beskikbaar op ons webtuiste. Ons het ook video opnames van verskeie van ons meer onlangse praatjies. Alles is beskikbaar op:

www.u3astilbaai.org.

Klik op LESINGS – TALKS in die menu bo, en dan op "Vorige Lesings – Previous Talks"

PREVIOUS TALKS

All previous talks are available on our website. We also have video recordings of several of the more recent talks. All can be found on:

www.u3astilbaai.org.

Click on LESINGS – TALKS in top menu, and then on "Vorige Lesings – Previous Talks"

PRAATJIES VRAELYS

Ons het in Mei 'n vraelys uitgestuur met 47 onderwerpe vir maandelikse praatjies om uit te vind wat ons lede se belangstelling is. Respondente moes punte toeken aan elkeen van die onderwerpe - 3, 2, 1 en 0, waar 3 dui aan groot belangstelling en 0 geen belangstelling nie. Ons het 74 voltooide vraelyste ontvang; die eerste gevolgtrekking is dat ons lede in 'n wye verskeidenheid onderwerpe belangstel.

Die praatjies vraelys het interessante resultate opgelewer, ons gee die resultate van die totale aantal punte wat aan elkeen van die 47 onderwerpe toegeken is hieronder. Agt van die top 15 kan as omgewingswetenskappe geklassifiseer word, met vier ander wat baie naby verwant is.

Die onderwerp voorstelle wat ontvang is, is ook baie interessant. Heelwat van hulle kan in een of ander van ons 47 onderwerpe ingesluit word; maar ons bestudeer nog die voorstelle en sal later daarvoor verslag doen.

'n Belangrike aspek wat mens in ag moet neem met die resultate van die vraelys en die voorstelle vir onderwerpe is dat die toepassing van jul voorkeure hang tot 'n groot mate af van die beskikbaarheid van geskikte kundige mense om ons toe te spreek oor hierdie onderwerpe.

TALKS QUESTIONNAIRE

In May we circulated a questionnaire with 47 subjects for monthly talks to establish what our members' interests are. Respondents had to score each subject 3, 2, 1 and 0; 3 indicated high interest in the subject, and 0 no interest. We received 74 completed questionnaires; the first obvious conclusion is that our members are interested in a wide variety of subjects.

The talks questionnaire yielded interesting results, we give the results of the total number of points awarded to each of the 47 subjects below. Eight of the top 15 can be classified as environmental sciences, with four others closely related to environmental sciences.

The subject proposals received are also very interesting. Many of them can be included in one or other of our 47 subjects; but we are still studying the proposals and will report on them at a later date.

An important aspect to consider with the results of the questionnaire and the proposals for subjects is that their application of your preferences depends to a large extent on the availability of suitable knowledgeable people to talk to us about these subjects.

U3A STILBAAI**PRAATJIE VRAELYS****Rangorde volgens totale tellings****TALKS QUESTIONNAIRE****Ranking according to total scores**

NO	ONDERWERP	SUBJECT	TELLING SCORE
1	Natuurbewaring	Nature Conservation	179
2	Omgewing	Environment	174
3	Natuurwetenskap	Natural Science	171
4	Water & Energie	Water & Energy	167
5	Reise	Travel	161
6	Botanie	Botany	160
7	Argeologie	Archaeology	158
8	Kunsmatige Intelligensie KI	Artificial Intelligence AI	157
9	Aardrykskunde	Geography	151
10	Astronomie	Astronomy	149
11	Geskiedenis	History	149
12	Medies	Medical	149
13	Klimaatsverandering	Climate Change	148
14	Aktuele sake	Current Affairs	146
15	Dierkunde	Zoology	145
16	Musiek	Music	143
17	Geologie	Geology	141
18	Kunste	Arts	132
19	Ingenieurswese	Engineering	129
20	Kommunikasietegnologie	Communication Technology	129
21	Tuinbou	Horticulture	129
22	Letterkunde	Literature	126
23	Ruimtenavorsing	Space Research	124
24	Kultuur	Culture	123
25	Sielkunde	Psychology	123
26	Genealogie	Genealogy	121
27	Ekonomie	Economics	120
28	Landbou	Agriculture	120

29	Toekomsnavorsing	Futures research	120
30	Voedselwetenskap	Food Science	117
31	Fotografie	Photography	115
32	Entomologie	Entomology	113
33	Opvoeding	Education	112
34	Filosofie	Philosophy	110
35	Plaaslike regering	Local government	109
36	Regsgeleerdheid	Legal matters	107
37	Sosiologie	Sociology	107
38	Sport	Sport	103
39	Taalkunde	Linguistics	103
40	Joernalistiek	Journalism	99
41	Wiskunde	Mathematics	99
42	Wetstoepassing	Law Enforcement	95
43	Motors / Vervoer	Automobiles / Transport	94
44	Oudhede / Versamelings	Antiques / Collectables	94
45	Regeringsake	Government Affairs	93
46	Gerontologie / Geriatrie	Gerontology / Geriatrics	86
47	Filatelie	Philatics	54

JAGERSBOSCH VERSOEK

Ons herinner julle aan die versoek van Jagersbosch vir nominasies vir Direkteurs van die organisasie. Ons het sowat 'n week gelede op Vrydag 9 Junie die versoek saam met 'n Nominasievorm uitgestuur. Kontak ons asseblief as julle 'n nominasievorm benodig.

Nominasies moet so gou moontlik aan die Bestuurder van Jagersbosch, Marius van Tonder (manager@jagersbosch.co.za), besorg word. Die nominasies moet voorgelê word aan die Algemene Jaarvergadering op Woensdag 12 Julie 2023.

JAGERSBOSCH REQUEST

We remind you of the request from Jagersbosch for nominations for Directors of the organisation. We sent you the request about a week ago on Friday 9 June together with a Nomination Form. Please contact us if you need a nomination form.

Nominations must be presented to the Manager of Jagersbosch, Marius van Tonder (manager@jagersbosch.co.za), as soon as possible. The nominations must be submitted to the Annual General Meeting on Wednesday 12 July 2023.

U3A STILBAAI GROEPE

U3A Stilbaai het verskeie groepe wat aktiwiteite vir lede aanbied. Meer inligting oor die groep aktiwiteite is op ons webtuiste: www.u3astilbaai.org.

Onthou asseblief dat die minimum koste vir deelname aan groep aktiwiteite is R5 per vergadering of uitstappie. R4 hiervan kan vir groep uitgawes aangewend word en word opgeskryf in 'n groeifonds, R1 gaan na algemene U3A fondse. (Nota: alle groepe

U3A STILBAAI GROUPS

U3A Stilbaai has several groups offering activities to members. More information about the group activities are on our website: www.u3astilbaai.org.

Please remember that the minimum cost of participating in any of the groups, is R5 per meeting or outing. R4 of this is used for group expenses and is recorded in the group's special fund, R1 goes to

het nie spesiale fondse nie, hierdie groepe se fooie gaan na U3A fondse).

- **Aandele Groep:** Die aandele groep hou gereeld samesprekings waar idees oor die aandele mark uitgeruil word. Kontak Deon Grobler by deongrob123@gmail.com indien u wil aansluit.
- **Astronomie groep:** As u by die groep wil aansluit, kontak Deon by begemannd@gmail.com. Lees meer oor die groep op www.u3astilbaai.org/astronomy.
- **Botaniese Uitstappies:** Hierdie nuwe groep bestudeer interessante inheemse plante op uitstappies in die veld. Kontak vir Christina by stilbaai6674@gmail.com as u belangstel.
- **Fotografie Groep:** Enige lid wat belangstel om by die groep aan te sluit kan Richard by rwebb01@gmail.com kontak. Meer inligting op www.u3astilbaai.org/photography.
- **Neurowetenskap Groep:** Sien die artikel hieronder oor vergaderings van die groep. Kontak Jenni by jennisharkey@gmail.com indien u by die groep en/of die Zoom praatjies wil aansluit. Lees oor die groep op www.u3astilbaai.org/neuroscience.
- **Stapgroep:** Die groep stap normaalweg op Vrydag oggende. As u by die groep wil aansluit, kontak Karl-Heinz by karl-heinz@wispernet.co.za. Inligting oor die groep is op www.u3astilbaai.org/hiking.
- **Voëlgroep:** Die Voëlgroep betrek mense wat belangstel in voëls, en koördineer ook die SABAP2 projek in Hessequa. Kontak Krysia by krysiastenvert@gmail.com indien u belangstel om by die groep aan te sluit. Meer inligting is op www.u3astilbaai.org/birdgroup.

Die Voëlgroep se volgende byeenkoms is op Woensdag 21 Junie om 19:00 in Die Waenhuis,

general U3A funds. (Note: not all groups have special funds, their group fees goes into U3A funds).

- **Astronomy Group:** If you are interested in joining the group, contact Deon at begemannd@gmail.com. Read about the group on www.u3astilbaai.org/astronomy.
 - **Bird Group:** The Bird Group involves people interested in birds, as well as co-ordinating the SABAP2 project in Hessequa. Contact Krysia at krysiastenvert@gmail.com if you are interested in joining the group. More information is available on www.u3astilbaai.org/birdgroup.
- The Bird Group's next meeting is on Wednesday 21 June at 19:00 in Die Waenhuis.
- **Botanical Walks:** This new group studies interesting indigenous plants during walks in the veld. Please contact Christina at stilbaai6674@gmail.com if you are interested.
 - **Hiking Group:** The group normally hikes on Friday mornings. If you want to join the group, contact Karl-Heinz at karl-heinz@wispernet.co.za. Information about the group is on www.u3astilbaai.org/hiking.
 - **Neuroscience Group:** See the article below re meetings of the group. Please contact Jenni at jennisharkey@gmail.com if you are interested joining the group and/or the Zoom talks. Read more on www.u3astilbaai.org/neuroscience.
 - **Photography Group:** Any member interested in joining the group can contact Richard at rwebb01@gmail.com. More information on www.u3astilbaai.org/photography.
 - **Shares Group:** The share group holds regular discussions sharing ideas on the share market. Contact Deon Grobler at deongrob123@gmail.com.

NEUROWETENSKAPGROEP

Die Neurowetenskapgroep sal weereens in Stilbaai vergader. Gedurende Covid-19 het die Groep Sameroeper Jenni Sharkey Zoom sessies aangebied van haar woning in Ladismith. Die Zoom sessies het baie populêr geraak met ander U3A lede dwarsdeur Suid Afrika wat deelneem, en Jenni bied nog steeds 'n Zoom vergadering op die laaste Vrydag van elke maand aan.

Die Groep het weer in Die Waenhuis vergader op Vrydag 26 Mei, en ongeveer 20 lede het die vergadering bygewoon. Hulle het besluit om kwartaallikse vergaderings in Die Waenhuis te hou wanneer Jenni sal deurkom vanaf Ladismith. Die groep het versoek dat vergaderings op Maandae gehou word, maar Die Waenhuis is bespreek vir omtrent elke

NEUROSCIENCE GROUP

The Neuroscience Group will again be meeting in Stilbaai. During Covid-19 the group resorted to Zoom sessions which Group Convenor Jenni Sharkey convened from her home in Ladismith. The Zoom sessions became very popular with other U3A members throughout South Africa participating, and Jenni is still convening a Zoom meeting on the last Friday of every month.

The Group met again in Die Waenhuis on Friday 26 May, and about 20 members attended the meeting. They decided to hold quarterly meetings in Die Waenhuis when Jenny will come through from Ladismith. The group asked whether meetings can be held on Mondays but Die Waenhuis is booked up for just about every Monday for the rest of this year. Two

Maandag vir die res van die jaar. Nog twee vergaderings sal hierdie jaar gehou word, albie op 'n Vrydag middag aangesien dit al tyd is wanneer Die Waenhuis en Jenni gesamentlik beskikbaar is.

Die vergaderings is in Die Waenhuis op:

- Vrydag, 11 Augustus 2023 om 14:00
- Vrydag, 10 November 2023 om 14:00

Meer inligting oor die vergaderings sal aan lede gestuur word nader aan die datums, maar as julle belangstel om 'n permanente lid van die Neurowetenskapgroep te word, kontak asseblief vir Jenni by jennisharkey@gmail.com.

meetings will be held this year, both on a Friday afternoon as that is the only time that Die Waenhuis and Jenni together are available.

Meetings will be in Die Waenhuis on:

- Friday, 11 August 2023 at 14:00
- Friday, 10 November 2023 at 14:00

More information about the meetings will be sent to members closer to the dates, but those who wish to become a permanent member of the Neuroscience Group, please contact Jenni Sharkey on jennisharkey@gmail.com

LEDEGELDE & NAAMKAARTJIES 2023

Ons wil die groot aantal ondersteuners van U3A Stilbaai bedank vir die hernuwing van jul lidmaatskap vir hierdie jaar, ons ledetal groei steeds en staan nou op 364 opbetaalde lede.

Ons het 'n groot aantal naamkaartjies op hande, kollekteer asseblief jul naamkaartjie by ons maandelikse vergadering by Die Waenhuis, of vra jul groep sameroeper om reëlings te tref om die kaartjies te kollekteer. Lede moet asseblief hul ou naamkaartjie houer hergebruik.

MEMBERSHIP FEES & NAME TAGS 2023

We want to thank the many supporters of U3A Stilbaai for renewing their membership this year, our membership is still growing and currently stands at 364 paid-up members.

We have a large number of uncollected name tags, please collect your name tag at our monthly meeting at Die Waenhuis, or ask your group convenor to arrange for the tag's collection. Members must please re-use their old name tag holder.

2023 MAANDELIKSE PRAATJIES

Die praatjie vir volgende maand is as volg:

Julie 31: Brian Tennett praat oor ChatGPT, een van die vinnigste groeiende toepassings van kunsmatige intelligensie tegnologie.

2023 MONTHLY TALKS

The talk for next month is as follows:

July 31: Brian Tennett talks about ChatGPT, one of the fastest growing applications of artificial intelligence technology.